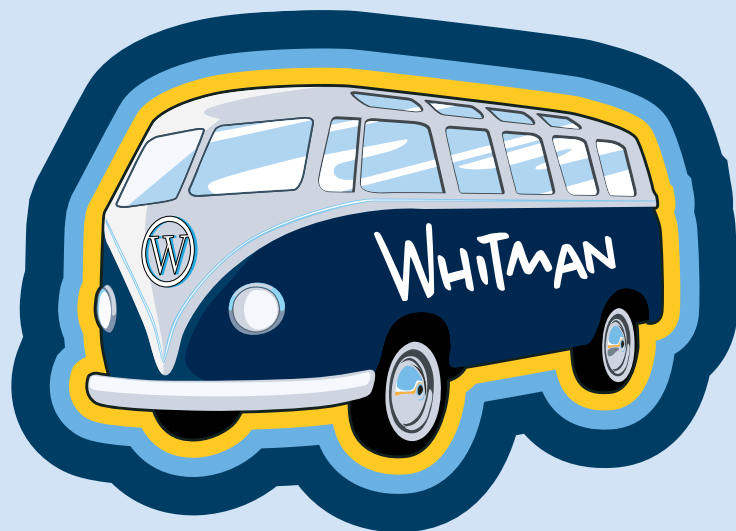




# Quick Start Guide

**Welcome to the  
Whitman Experience**



# From the Dean of Students

Welcome to the Whitman Community.

It's a word you'll hear a lot at Whitman: community. Let me assure you, it's not something we take lightly. We want to help you build new bonds, find your people and learn collaboratively.

We're excited for you to join our vibrant campus community. It will shape you in ways you can't yet anticipate. And we know you will shape us too. That's what community—and Whitman College—is all about.

Welcome to Whitman. Our Whitman. Your Whitman.

With gratitude,



Kazi Joshua  
Vice President for Student Affairs  
& Dean of Students



## \* Mindset Moment

**Enjoy the journey.** College is a time of exploration and discovery, so don't spend too much time worrying about the future or dwelling on the past. Instead, focus on being present and making the most of each day.

## Your Fall 2025 at a Glance

Residence Halls Open for New Students	Wednesday, Aug. 27
Opening Week/Orientation Begins	Wednesday, Aug. 27
Family Orientation	Thursday, Aug. 28
Fall Semester Classes Begin	Tuesday, Sept. 2
Fall Break	Oct. 9–12
Family Weekend	Oct. 24–26
Thanksgiving Break	Nov. 24–30
Fall Final Exams	Dec. 15–19

See pages 10–11 for the full academic calendar.



**Dean Juli Dunn**

Assistant Vice President of Student Life  
& Senior Associate Dean of Students  
509-527-5208  
dunnjl@whitman.edu



# We're So Excited To Welcome You to Whitman College!

*Move-In Day is  
Wednesday, Aug. 27.*

We hope you have already been receiving our **Monday Email Series** from Dean Juli Dunn. She'll be your guide through the summer as you prepare to join us in late August.

These emails will share helpful info, deadline reminders and updates about our orientation schedule and fall semester. Your family will also get emails over the summer to keep them up to date.

**Do you have your Whitman account and email?** You should have received instructions for claiming your Whitman account in your personal email. Don't see that email? Contact [helpdesk@whitman.edu](mailto:helpdesk@whitman.edu).

## Arrival & Check-In

Students will be able to check in to their Fall 2025 residence halls and rooms on **Wednesday, Aug. 27**. We'll send an assigned check-in time to your Whitman email as the date gets closer.

Families who need overnight accommodations in Walla Walla are encouraged to make reservations as soon as possible. Find information about nearby lodging, restaurants and activities at [wallawalla.org](http://wallawalla.org) and other helpful tips about traveling to Whitman at [whit.mn/traveling](http://whit.mn/traveling).

## New Student Orientation

New Student Orientation will begin on the afternoon of **Wednesday, Aug. 27**, following move-in. The schedule will be available at [whitman.edu/orientation](http://whitman.edu/orientation) later this summer. Learn more on page 12.

## Family Orientation

Family Orientation will be held on **Thursday, Aug. 28**. More information about Family Orientation will be posted at [whitman.edu/families](http://whitman.edu/families).



# Your To-Do List

Look for weekly emails from Dean Juli Dunn every Monday until classes begin. The New Student Orientation schedule will be posted at [whitman.edu/orientation](https://whitman.edu/orientation) as soon as it is available.

## Items You Must Complete

For most of these tasks, you'll receive more detailed instructions in your Whitman email.

### By June 20

- **COMPLETE** your Housing Preferences Survey, if you haven't already. In August, you'll receive your residence hall and room assignment in your Whitman email, as well as in the mail.
- **REVIEW** your student check-in tasks: [whit.mn/checkin](https://whit.mn/checkin) (full list available after June 16)
- **SUBMIT** your name pronunciation recording.
- **SUBMIT** your photo for your Whitman ID card.
- **COMPLETE** the Pre-Major Advising Questionnaire: [whit.mn/pmaq](https://whit.mn/pmaq).
- **REVIEW** options for First Year Seminar courses in your Whitman email and submit your preferred learning communities.

**Keep an eye on your email:** During June, look for required trainings on Substance Use Education, Sexual Assault Prevention, and Hazing Prevention.

### By July 1

- **CONTACT** the Office of Student Accounts at [StuAcct@whitman.edu](mailto:StuAcct@whitman.edu) if you didn't receive an invoice email in late June for Fall 2025.
- **SHARE** your preferences for Opening Week Whitman Experiences.
- **SUBMIT** your Transfer Credit Form—for credits from another college/university; for Running Start or other dual enrollment courses; or for AP, IB or A-Level exams. Complete the form at [whit.mn/checkin](https://whit.mn/checkin).
- **REQUEST** College Board send AP reports to Whitman (if applicable).
- **REQUEST** International Baccalaureate send IB certificates to Whitman (if applicable).

**Plan to work on campus?** Create a profile on Handshake, Whitman's job and internship platform: [whit.mn/handshake](https://whit.mn/handshake).

### By July 15

- **COMPLETE** your student check-in: [whit.mn/checkin](https://whit.mn/checkin).
- **REQUEST** your final high school or college transcripts from all previous institutions be sent to the Office of Admission.
- **COMPLETE** any applicable placement test, such as calculus, chemistry and/or languages: [whit.mn/place](https://whit.mn/place).
- **CONSIDER** your payment options. If you are requesting a Deferred Payment Plan contract for Fall 2025, send your request to [StuAcct@whitman.edu](mailto:StuAcct@whitman.edu). Learn more about payment options and making online payments at [whit.mn/StuAcct](https://whit.mn/StuAcct).

### By Aug. 15

- **COMPLETE** all required online trainings.
- **UPLOAD** required immunizations into your student health portal. (You'll get more instructions over the summer.)
- **PAY** your bill for the Fall 2025 semester. View your Student Accounts balance at [my.whitman.edu](https://my.whitman.edu).

### Single Sign-On: How-To!

Whitman's single sign-on uses your Whitman username and password. Your username is the part of your email address before @whitman.edu like Dean Dunn's.

check out your  
payment options.





## YOUR WHITMAN ACCOUNTS

# Getting All Set ...

Have you set up your Whitman account? If not, search your personal email for the subject line:

**"Welcome to Whitman College! Claim your account."**

Follow the instructions in that email to claim and activate your Whitman email address and network account. You'll also set up a password for your account. If you ever forget it, go to **id.whitman.edu** for forgotten password recovery.

## Using Whitmail

Whitman's email system, Whitmail, is run by the Google platform. You can access your email, Google Drive and Google Apps through the Whitmail system.

### To Log In:

- Go to **whitmail.whitman.edu**.
- Log in with the Whitman username and password you set.

## Create Your Student ID

Along with claiming your account (see above), you'll need to do these additional steps:

- Upload a photo to be used on your student ID. See photo requirements and tips at **whitman.edu/student-ids**.
- Make a recording of the accurate pronunciation of your name and upload it to your account.

Check for instructions in your Whitman email regarding the photo upload and name pronunciation.

## Need Assistance?

The Whitman College Technology Services Help Desk is open Monday–Friday. Summer hours: 8 a.m.–noon and 1–4 p.m.

- Forgot your password: **id.whitman.edu**
- Call: **509-527-4976**
- Email: **helpdesk@whitman.edu**
- Online: **kb.whitman.edu** to search our Knowledge Base
- Get more tech tips for new students at **whit.mn/tech-tips**.
- Plus: Find tech help at Penrose Library—check out laptops and chargers to use in the library.

## \* Mindset Moment

**Embrace growth.** Look at challenges as opportunities for growth—and don't be afraid to step out of your comfort zone.



### Free Software

All students receive a free copy of Microsoft 365, including Word, Excel and PowerPoint.

Starting **Aug. 1**, you'll be able to go to **portal.office.com** and log in with your Whitman account to download your free software.









## LIVING AT WHITMAN

# Your New Home

During your time at Whitman, you'll meet people from diverse backgrounds who will help you to grow intellectually and emotionally. And you'll make lifelong friends in the process.

Our residence halls are more than a group of students living together—they are a community. Your hall section is led by a Resident Assistant (RA), who is a student like you. RAs plan section events and gatherings to ease your transition to college and help connect all the students living in your area. Each hall also has a Resident Director (RD) or a Community Director (CD)—professional staff members who live and work in the hall to support students.

## Housing Assignments

You will receive information about on-campus room assignments in early August. If you haven't filled out your housing survey, please do so as soon as possible. You can access it at [whitman.erezlife.com](http://whitman.erezlife.com). This information is required to complete room assignments.

In early August, you will receive your room and roommate assignments by both email and a mailed letter.

## Meal Plans

Our food service is provided by Bon Appétit. You can learn more about our on-campus dining options, view menus and read about our Flex Dollars meal plans at [whit.mn/meals](http://whit.mn/meals).

## Mailing Services & Shipping Boxes

You will be assigned a mailbox at the post office in Reid Campus Center when you arrive, but your mailbox number does not need to be included in your address.

If you need to send boxes to Whitman ahead of your arrival, please ship them using the address shown below. **Please do not ship items more than two weeks before the beginning of the semester.** You can pick up your packages on Move-In Day (Aug. 27) at Reid Campus Center.

## Your Mailing Address

Your mailing address while enrolled at Whitman is:

Your Name  
Whitman College  
280 Boyer Ave.  
Walla Walla, WA 99362

## Breaks & Buses!

Whitman will provide shuttle service for key breaks during the 2025–2026 academic year to Seattle, Portland and the Tri-Cities Airport (PSC).



Learn  
more!

## Will You Need a Car?

Whitman strongly recommends that new students do not bring vehicles to campus. Most students find good and sustainable alternatives. Parking is also limited. Campus is within walking distance to downtown, a grocery store, restaurants and coffee shops.

Walla Walla has affordable public transit and is bike- and pedestrian-friendly. The college offers a free bike-share program and has an on-campus bike repair shop. There are ride-sharing services in town—to catch a ride from our local airport, for example. And thanks to a new Whitman car-share program launching this summer, students can access electric vehicles for hourly use.

The college also coordinates bus services to Seattle, Portland and Pasco during academic breaks (see below). The Grape Line Shuttle also provides service to the Pasco airport. For more information, visit [whitman.edu/transportation](http://whitman.edu/transportation).



# Make Your Room Your Own!

## Things We Provide

- Bed, with extra-long twin mattress (80 inches). Beds in Prentiss Hall are standard twin size.
- Mattress cover
- Desk and chair
- Wardrobe with storage/shelving
- Chest of drawers
- Window blinds
- Bulletin board
- No-cost laundry—washers and dryers
- Whitman Wi-Fi
- Ethernet port for wired internet connections

## Things You'll Likely Want

- Bedding (pillows, extra-long twin sheets, blankets, bedspread)
- Bath and hand towels
- Hangers
- Study lamp—lamps are provided in Jewett Hall
- Wastebasket
- Laundry basket and detergent
- Small fan

## Things You May Want

- Dishes, silverware, mugs
- Flame-retardant decorations
- A mini-fridge rental. Fill out the form at [whit.mn/fridge](http://whit.mn/fridge) to reserve one for \$80 a year.

## Things NOT To Bring

- Halogen lamps
- Firearms or other weapons
- Pets (fish are OK)
- Furniture, such as a bed or desk
- Double-sided sticky tape or squares
- Portable or window air conditioners



## Take a Look Around!

- 360-degree room tours
- Photo galleries
- Videos
- Amenities lists



[whitman.edu/residence-halls](http://whitman.edu/residence-halls)

### Questions?

509-527-5297

[studenthousing@whitman.edu](mailto:studenthousing@whitman.edu)



# Academic Success Starts Here

At Whitman, you'll be challenged to think deeply, write clearly and speak confidently. With small classes and supportive faculty, you won't just learn facts—you'll explore ideas, make connections and grow as a thinker. Whitman's liberal arts approach gives you the freedom to try new things—to dive into what interests you—and the tools to take on whatever comes next.

Go to [whitman.edu/new-student-academics](https://whitman.edu/new-student-academics) for more resources and important information, including access to:

- **Whitman College Catalog**—your primary source of information about current courses, general college policies, and requirements for graduation, majors and special programs
- **Placement tests**—for chemistry, computer science, foreign languages and math



## \* Mindset Moment

**Build connections.** Your peers, professors and mentors can be some of your greatest resources. Look for ways to build meaningful connections with others. You never know where those relationships may lead!



# What To Expect: Registering for Classes

Here's a general timeline for how you'll get registered for your first classes at Whitman. In the meantime, check your Whitman email regularly and explore [my.whitman.edu](https://my.whitman.edu). We'll walk you through the registration process later this summer.

Remember: We're here to help and you'll have guidance along the way.

## Mid-June

We'll email you about First Year Seminar courses, and you can submit your preferred learning communities. (See more on First Year Seminars below.)

## Mid-July

A Summer Registration Assistant (SRA) will reach out to you by email to schedule a virtual meeting. They'll help you plan your Fall 2025 semester schedule.

## Early August

If you've completed your SRA meeting, you'll be assigned a registration time to sign up for classes online.

## Late August

During New Student Orientation, you'll meet with your Pre-Major Advisor to review your fall schedule. You can make changes if needed. Your Pre-Major Advisor will advise you until you officially declare a major at Whitman.

## What You Can Do Now

**Fill out the Pre-Major Advising Questionnaire.** It will help us get to know you better. It takes a few minutes, and no preparation is necessary. Find it at [whit.mn/pmaq](https://whit.mn/pmaq).



## Have Questions About Registration?

The Registrar's Office and Helen Kim, Associate Dean/Academic Affairs, are available to answer your questions about registration, course selection and advising.

### Registrar's Office

Phone: 509-527-5983

Email: [registrar@whitman.edu](mailto:registrar@whitman.edu)

### Pre-Major Advising

Phone: 509-527-5187

Email: Helen Kim at [kimh2@whitman.edu](mailto:kimh2@whitman.edu)

## Off to a Great Academic Start!

You will receive information about **First Year Seminars** and descriptions of the different learning communities in mid-June. You will submit your four preferred learning communities in mid-July. You will learn which course you have been assigned before you register for classes.

**The First Year Seminars—Exploring Complex Questions (GENS 175) and Making Powerful Arguments (GENS 176)**—combine a fall course that emphasizes inquiry, interdisciplinary exploration and intellectual community with a spring seminar that features in-depth investigation of a focused topic. Both seminars will help you improve the reading, writing and discussion skills you will rely on throughout your time at Whitman. Course descriptions for fall seminars will be sent to you over the summer. We will do our best to assign you based on your choices.

**Transfer students with fewer than 58 credits will take GENS 175 but may receive equivalent credit for GENS 176 for a comparable course taken at another institution.**





## Mindset Moment

**Set goals.** Reflect on what you hope to achieve during your time at Whitman, both academically and personally. Setting goals—and reminding yourself of your intentions—can help you navigate your unique college journey.

# Know Before You Go

## Virtual Orientation Chats With Dean Dunn and Friends

Bring your questions and learn more about what to expect. You'll come to campus in the fall with all the details you need!

Get the link to join and find the recordings at [whitman.edu/julichats](https://whitman.edu/julichats).

Residence Life & Housing .....	June 12
Advising & Registration .....	June 25
Opening Week Preview .....	Aug. 21

# 2025 Fall Semester

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>Week 1</b>	SEPTEMBER 1 Add/Drop Period Begins	2 First Day of Classes	3	4	5	6	7
<b>Week 2</b>	8	9	10	11	12 Registration/Add Period Ends	13	14
<b>Week 3</b>	15	16	17	18	19	20	21
<b>Week 4</b>	22	23	24	25	26	27	28
<b>Week 5</b>	29	30	OCTOBER 1	2	3	4	5
<b>Week 6</b>	6	7	8	9	10	11	12
<b>Week 7</b>	13	14	15 Last Day to Drop Without Record	16	17	18	19
<b>Week 8</b>	20	21	22 Mid-Semester	23	24	25	26
<b>Week 9</b>	27	28	29	30	31	NOVEMBER 1	2
<b>Week 10</b>	3 Pass/D/Fail Period Begins	4	5	6 Spring 2026 Preregistration Begins	7 Last Day To Withdraw From Classes With a W grade	8	9
<b>Week 11</b>	10	11 Spring 2026 Preregistration Ends	12	13	14	15	16
<b>Week 12</b>	17	18	19	20	21	22	23
<b>Week 13</b>	24	25	26	27	28	29	30
<b>Week 14</b>	DECEMBER 1	2	3	4	5	6	7
<b>Week 15</b>	8	9	10	11	12 Last Day of Classes; Last Day To Pass/D/Fail	13	14
<b>Week 16</b>	15	16	17	18	19	20	21
	Final Exams				End of Semester	Residence Halls Close at Noon	



# 2026 Spring Semester

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	<b>JANUARY 19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Week 1</b>	MLK Day; Add/ Drop Period Begins	First Day of Classes					
<b>Week 2</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> Registration/Add Period Ends	<b>31</b>	<b>FEBRUARY 1</b>
<b>Week 3</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Week 4</b>	<b>9</b> Student Fall '25 Incomplete Grade Deadline	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>Week 5</b>	<b>16</b> Presidents Day	<b>17</b>	<b>18</b>	<b>19</b> Power & Privilege Symposium	<b>20</b>	<b>21</b>	<b>22</b>
<b>Week 6</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Last Day to Drop Without Record	<b>28</b>	<b>MARCH 1</b>
<b>Week 7</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> Mid-Semester	<b>7</b>	<b>8</b>
<b>Week 8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> Residence Halls Close
	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
	Spring Break						
	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
	Spring Break						
<b>Week 9</b>	<b>30</b> Residence Halls Reopen	<b>31</b>	<b>APRIL 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Week 10</b>	<b>6</b> Pass/D/Fail Period Begins	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Last Day To Withdraw From Classes With a W Grade
<b>Week 11</b>	<b>13</b>	<b>14</b> Undergraduate Conference	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Week 12</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> Fall 2026 Preregistration Begins
<b>Week 13</b>	<b>27</b>	<b>28</b> Fall 2026 Preregistration Ends	<b>29</b>	<b>30</b>	<b>MAY 1</b>	<b>2</b>	<b>3</b>
<b>Week 14</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Week 15</b>	<b>11</b> Last Day of Classes; Last Day To Pass/D/Fail	<b>Reading Days</b>		<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>Week 16</b>	<b>18</b>	<b>19</b> End of Semester	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> Residence Halls Close at 5 p.m.	<b>24</b> COMMENCEMENT

AUGUST 27–SEPTEMBER 1

# Opening Week Fall 2025

First day. First week.  
First of many amazing times ahead.

We're planning quite a kickoff for your Whitman experience. You'll explore Whitman, meet new people, have some fun—all while learning about Whitman's academic opportunities, the Walla Walla Valley, campus resources, student clubs and more!

Stay tuned for more details on Opening Week in Walla Walla, as well as virtual orientation components you will complete over the summer. It will all be in Juli's Monday emails. (See page 1.)

## OWLS—Your Opening Week Leaders

Whooooo's excited to meet you?! Your OWL.

We've recruited a group of enthusiastic and wise Whitties—who have been in your place—to be with you on your first-week journey. They'll lead small groups of new students during orientation and be a friendly face and helpful resource along the way.

**Your OWL will be in contact with you later in the summer.**

## \* Mindset Moment

**Fail forward.** Mistakes are inevitable, but they're also valuable learning experiences. View setbacks as stepping stones on the path to success.







## Fun with OWLs!

### Opening Week Activities & Adventures

During Opening Week, you'll have the opportunity to participate in a special **Experience Whitman** activity with our Opening Week Leaders (OWLs) on **Friday, Aug. 29**, and **Saturday, Aug. 30**. From outdoor adventures to creative projects to fun and games—there will be something for everyone!

#### FAMILY ORIENTATION

## Welcoming Whitman Families

**Family Orientation will be  
Thursday, Aug. 28**

More information about Family Orientation will be posted at [whitman.edu/families](https://whitman.edu/families).

### Mindset Moment

**Practice gratitude.** In the midst of busy schedules and academic pressures, it's important to pause and appreciate the good things in life.





## STUDENT LIFE

# Join & Enjoy! Find Endless Possibilities

At Whitman, you'll find so many ways to get involved, including interest and affinity clubs, club sports, outdoor adventures and so much more! Here are just a few highlights:

**Student Clubs, Affinity & Cultural Groups:** Whitman students create belonging through groups based on shared interests, passions, identity, culture, background, religion, etc.

**Club Sports & Intramurals:** Team up for sand volleyball, climbing, pickleball, ultimate, corn hole, skiing—just to name a few sporty options. Find so much to do!

**Debate & Forensics:** Whitman's team is among the most successful collegiate programs in the country and open to students across class years and majors.

**Outdoor Program (OP):** The OP provides countless opportunities to explore outdoor recreation or to hone your skills in an activity you're already passionate about.

**Sorority & Fraternity Life:** Whitman's eight sororities and fraternities offer students a close-knit community, leadership opportunities and lifelong friendships.

## \* Mindset Moment

**Celebrate diversity.** Whitman is a wonderful melting pot of cultures, backgrounds and perspectives. Seek out opportunities to learn from those who are different from you.



Explore specific clubs





# Whitman Lingo

Whitties often use words, acronyms, shorthand or slang that are part of our shared culture. Here are a few you might hear around campus.

## **ARC (say it: "ark")**

The **Academic Resource Center** is the home of academic counseling and tutoring services. It is the place to go for academic support.

## **Ank or Ankeny**

**Ankeny Field** is the gorgeous green field at the heart of campus—a place for playing, studying and hanging out with friends.

## **ASWC (say it: "az-wack")**

The **Associated Students of Whitman College** represents student interests on campus, sponsors all-campus programming, and funds student organizations. The Student Activities office advises and supports ASWC in its efforts.

## **BFFC**

**Baker Ferguson Fitness Center** is where to go for a cardio or weight workout. Also found at BFFC: Harvey Pool, which is home to Whitman's varsity swim team.

## **CCEC**

The **Career and Community Engagement Center** is located on the top floor of Reid Campus Center. It's where to go for career coaching, campus jobs, internships and more!

## **Cleve**

**Cleveland Commons** is Whitman's ultramodern dining hall. Hungry? Love a latte? From smash burgers to sushi to smoothies, Cleve has your cravings covered.

## **COWS (say it: "cows")**

The **Center for Writing and Speaking** is staffed with peer tutors. It's a great place to get help on a writing or speaking assignment.

## **GAIC (say it: "gack")**

The **Glover Alston Intercultural Center** is a welcoming hub for connection, support and cultural celebration—helping students from all backgrounds thrive and feel included at Whitman.

## **IHC**

**Interest House Community.** Each Interest House is home to 4–10 students and is centered around a theme, such as a language, community or interest.

## **J-Caf**

**Jewett Café** is an indoor gathering and study space between Jewett Hall and Lyman House. Get grab-and-go breakfast and lunch, as well as coffee from a local roaster.

## **K-Dub**

**KWCW 90.5 FM** is Whitman's own radio station. The K-Dub office and studio are on the mezzanine level of Reid Campus Center.

## **Lakum Duckum**

A Whitman hot spot along Boyer Avenue, this geothermal spring has its own raft of ducks.

## **Mem**

**Memorial Building** is home to many administrative offices. You can't miss it—the big clock tower with bells ringing on the hour.

## **Narnia**

A wild and wooded study nook near Whitman's Office of Admission, Penrose House—not to be confused with Penrose Library (campus's top stop for scholars).

## **OP**

The **Outdoor Program** offers weekend trips, adventures and courses throughout the school year. It also includes the Climbing Center at Sherwood Center, as well as a Rental Shop (in the basement of Reid Campus Center) where students and others can rent or purchase outdoor equipment.

## **OWLs (say it: "owls")**

**Opening Week Leaders.** This enthusiastic team of nearly 50 returning students will help you get your feet underneath you during Opening Week.

## **QRC**

The **Queer Resource Center** is a welcoming and affirming space committed to supporting LGBTQIA+ students.

## **RA's**

**Resident Assistants** are students who live in a residence hall and supervise a section of students.

## **Reid**

**Reid Campus Center** is a go-to place for student activities and resources. Pick up your mail, find a cozy spot to study, check out the bookstore, get a coffee or soft serve, visit the career center, or just meet up with friends.

## **RDs**

**Resident Directors** are staff members, often recent college graduates, who live in a residence hall and supervise student staff.

## **SRs**

**Senior Residents** are RAs in a first-year hall with additional responsibilities.

## **STEM Hub (say it: "stem")**

An area in the Hall of Science for student learning and collaboration—tutoring, advising, study groups, etc.

## **Third Space (3SC)**

The **Third Space Center** is a dedicated space that centers the needs of students of color. It's a place for gathering, learning and thriving.

## **WCTS**

**Whitman College Technology Services** offers help by email and phone. You can also stop by their Help Desk in person.

## **WEB (say it: "web")**

**Whitman Events Board** is a volunteer-driven student committee which brings a diverse and dynamic selection of events to campus, from speakers to musical performances to campus favorites such as Outdoor Movie Night.

## **Whitties (say it: "wit-ees")**

A friendly and familiar way to refer to Whitman students and alumni.

## **WOOTs (say it: "woots")**

**Whitman Outdoor Orientation Trips** are overnight adventures offered by the Outdoor Program as part of Opening Week.

## **The Wire**

The college newspaper, written and produced by an all-student staff.



**Stay organized.** With so much going on, it's easy to feel overwhelmed. Develop good organizational habits early on to help you stay on top of assignments and other commitments.

# Your Health & Wellness Matters

At Whitman, we prioritize well-being in many ways—from residence life programs to academic support to student groups—so all students can thrive and learn. For your specific needs, the **Welty Health and Counseling Center**, conveniently located on campus, offers an integrated model of primary health care, counseling and wellness services for all enrolled students.

## Services Available to Students Include:

- Nursing care with licensed staff Monday through Saturday
- Medical provider available for examination and consultation during business hours
- Mental health counseling free of charge, including individual counseling, group counseling and one-time consultation sessions
- Physical examinations
- Basic lab tests (such as strep tests, urinalysis, mono, etc.)
- Blood draws, which are sent to offsite labs for analysis
- Routine immunizations, including flu shots
- Travel health consultation and immunizations
- Reproductive health and STI (sexually transmitted infection) testing and treatment
- Medication management with psychiatric mental health providers with the exception of stimulant medication for ADHD
- Medical equipment for loan, such as crutches and wheelchairs
- Health care education, counseling and consultation
- Free teletherapy with our partner UWill, a leading mental health and wellness solution for college campuses
- Reservable rooms for teletherapy visits with offsite providers
- Access to Whitman's Sexual Assault Victim's Advocate (SAVA)
- 24/7 urgent mental health phone line



### On-Campus Care

#### Welty Health & Counseling Center

11 Merriam Street  
Walla Walla, WA 99362  
509-527-5195/5281







## Your Student Health Portal

You'll be asked to create an account on our Student Health Portal, accessed with your Whitman account login. Specific instructions will be shared in one of Juli's Monday emails.

By registering through the secure portal, you can directly enter your required immunization information, check in for your appointments, complete new patient paperwork, send and receive secure messages with your health care providers on campus, as well as access lab results and visit summaries, and obtain copies of your receipts/statements to send to your insurance company for reimbursement.

## What To Know About Health Requirements

Whitman requires you to:

- Provide evidence you received two doses of the measles, mumps and rubella (MMR) vaccine after your first birthday
- Complete tuberculosis screening questions
- Provide health insurance information

Information about completing these requirements will be shared through your Student Health Portal over the summer.

Meningococcal vaccination is highly recommended for college students. Learn more: [doh.wa.gov/YouAndYourFamily/Immunization/CollegeStudents](https://doh.wa.gov/YouAndYourFamily/Immunization/CollegeStudents).

In addition, Whitman students, faculty and staff are strongly encouraged to remain up to date on their seasonal influenza, COVID-19 and routine health vaccinations.

## Medical Records & Confidentiality

Your medical record is not part of the college's academic records system. It remains in the electronic health record only accessible by staff at the Welty Health and Counseling Center and is strictly confidential. Medical information can be released only with written permission, and you may designate what information is to be given and to whom it is to be directed.

Parents may contact the center with questions and concerns. However, in

compliance with federal privacy laws, we are unable to release information regarding their student's health records or health status unless the student has signed a release of information form specifically allowing their parents to have access to their health status or records.

## Health Insurance

All Whitman students are required to have health insurance policy that will cover them during their time at Whitman. International students will be enrolled in the required Lowermark health insurance plan.

## Whitman Wellness Services

Throughout the academic year, professional staff at the Welty Health and Counseling Center lead a variety of workshops and programs to enhance understanding of health-related topics and empower students to make informed decisions about their physical, mental and emotional well-being.

## \* Mindset Moment

**Practice self-care.** College can be demanding, but don't forget to prioritize your well-being. Make time for activities that recharge your batteries, whether it's exercise, listening to music or spending time with friends.



## Whitman College Contact Information

Academic Resource Center .....	509-527-5898
Admission .....	509-527-5176
Athletics .....	509-527-5921
Bookstore .....	509-527-5274
Career & Community Engagement Center .....	509-527-5183
Dean of Students .....	509-527-5158
Dean of the Faculty .....	509-527-5397
Equity, Compliance & Title IX .....	509-522-4314
Financial Aid .....	509-527-5178
International Student Services .....	509-527-4992
LGBTQIA+ Student Services .....	509-527-5596
Opening Week & New Student Orientation .....	509-527-5208
Outdoor Program .....	509-522-4395
Penrose Library .....	509-527-5192
Post Office .....	509-527-5903
President's Office .....	509-527-5132
Registrar .....	509-527-5983
Reid Campus Center .....	509-527-5208
Religious & Spiritual Life .....	509-527-4449
Residence Life .....	509-527-5297
Security .....	509-527-5777
Student Accounts .....	509-527-5143
Student Activities .....	509-527-5208
Technology Services .....	509-527-4976
Welty Health & Counseling Center .....	509-527-5195/5281



WHITMAN COLLEGE

Whitman College is located on the traditional Cayuse, Umatilla and Walla Walla homelands. We pay our respect to tribal elders both past and present and extend our respect to all Indigenous people today. We honor their stewardship of the land and ecosystem and commit to continuing that important work.

Whitman College is deeply committed to the principle of nondiscrimination in all its forms. In its admission, educational, and employment practices, programs, and activities, the college does not discriminate on the basis of race, color, sex (including pregnancy and parenting status), gender, gender identity or expression, genetic information, sexual orientation, religion, age, marital status, national origin, shared ancestry, disability, veteran status, or any other basis prohibited by the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, and other applicable federal, state, or local laws.