

Athletic Leadership & Involvement: Such as being the captain of a sports team, or active in an athletic club's leadership; being a member of a varsity team

The examples provided below intentionally follow a wide variety of formats. Some use abbreviations, some use bold text or italics. You can decide which format works best for you. Please remember to use consistent formatting throughout your resume.

Examples:

President, Student Athletic Advisory Committee

August 2021 - Present

Whitman College, Walla Walla, WA

- Fostered inter-team leadership and participation by working as a liaison between athletic administration and team representatives resulting in increased collaboration and communication.
- Collaborated with 5+ team representatives to write a Statement of Impact addressing student-athletes' concerns, presented findings to school administrators and continued follow-up until actions were taken.
- Engaged community partners to develop weekly athletic programs, including a get-active program for local 4th graders, and hosted 5 large-scale events such as 'Pink Night' and 'It's on Us' increasing breast cancer awareness and the fight against sexual assault.

Team Captain, Cross Country

Jan. 2021 - Jan. 2022

Whitman College, Walla Walla, WA

- Coordinated and organized weekly team events that created a trusting and supportive atmosphere between both men's and women's teams.
- Addressed and solved problems and conflicts that arose for teammates by using mediation skills and motivational interviewing to help navigate difficult emotional situations.

Athlete, NCAA Division III Men's Swimming

September 2020 - Present

Whitman College, Walla Walla, WA

- Won two athletic awards (Most Improved, New Blue) in 2021 acknowledging work ethic and perseverance in and out of the pool.
- Balanced a full class load with an aggressive training schedule of 20+ hours per week while maintaining 3.820 GPA.
- Collaborated with team members during weekly swim practice to achieve individual and team goals.