

Whitman Athletic Field Use Recommendations Varsity, Club, and IM

Overuse of athletic fields causes damage to new grass trying to grow. In order for damaged areas to grow grass extra seed, fertilizer, and water must be applied. In order to reduce these inputs the simple solution is to manage the way we use our fields.

Field use scheduling:

In order for the fields to remain in the best condition possible it is necessary for the grounds crew to be aware of its use so that they are able to plan accordingly

- Provide the grounds crew with a schedule of anticipated practices and games
- Notify the grounds crew of any changes at least 3 days in advance if possible

Use of Fields:

In order to be aware of how you are using the fields correct use is necessary

- Rotate where you play and practice, do drills outside of the main area of play. Game use wears out the middle oval and goal mouths of the fields.
- Pay attention to the flags the grounds crew places on the fields. Red means this area needs time to recover, green means this is a good place to practice.
- Reschedule games during and after heavy rain as it damages the grass
- Don't use the fields when they are frozen or frost is present as it damages the growing grass.

Equipment:

- Goals must be taken off the fields and locked away after practices. When they are left the goal mouth area becomes worn.
- Any trash or items that were not previously on the field must be removed or thrown away.

Gates:

- When utilizing fields with gates, lock them after use

Remember the fields are ours and we need to take care of them!