

# Student Affairs

## Welty Center — Counseling

Professionally trained counselors are available to provide mental health counseling to students free of charge. Counselors assist individuals and groups with personal concerns, interpersonal relationships, and other areas that may interfere with their success at Whitman. In addition to this service, there are a number of personal growth opportunities, in the form of workshops and programs on a variety of topics. Whitman has supervised peer-counseling program, which provides additional resources and support for students and student groups. All counseling is confidential unless there is a threat to self or others. In situations where there is a threat, confidentiality will be broken in order to secure the safety of the individual or the Whitman Community.

The center works on a short-term counseling model. We develop therapeutic goals with our clients to track progress and provide appropriate interventions. Students work with their counselor to schedule appointment times and determine the length of the counseling relationship. Physicians at the Welty Health Center clinics are also available to students for medication evaluations. Mental Health Nurse Practitioners are available in the community as a resource if needed and the Counselor will provide referral options.

Please note that there are some student concerns that are not appropriate to address at the Counseling Center at this time. If the Counseling Center is not an appropriate, ethical choice for student care, a referral to a Mental Health Practitioner in the Community will be provided.

## Welty Center — Health Services

The on-campus Health Center, with a 12-bed capacity, is staffed by nurses around the clock. During the academic year, the Health Center serves as a facility for the management of minor injuries and illnesses, and it offers student overnight rooms for health-related conditions not requiring hospitalization. Illness prevention and health education are emphasized.

The Health Center medical providers maintain regularly scheduled hours on campus Monday-Friday. The providers may refer students to outside resources if indicated. Limited postoperative care may be provided at the Health Center. The Director of the student Health Center, who is a registered nurse, is also available to see students on a walk-in basis for nursing assessment and referral. **All degree seeking students may access Health Center resources and may see the Health Center staff without charge.** If a student wishes to consult a private physician, the Health Center staff may recommend competent local specialists when requested to do so. Whenever a student is treated away from the Health Center, the expenses incurred will be the student's responsibility.

Services at the Health Center include: reproductive health care, including PAP smears and contraception, anonymous HIV testing, a dispensary for prescribed medication, allergy antigen regimes/shots prescribed by home physicians, travel consults, vaccines, and nutritionist.

## ***Accident and Health Insurance***

All Domestic and International Students are recommended to have insurance with a U.S. based health insurance company that will pay benefits in Washington State.

If you need help in finding information about available plans or have questions regarding a plan, refer to the Welty Center website at, [www.whitman.edu/offices-and-services/health-center/insurance](http://www.whitman.edu/offices-and-services/health-center/insurance) or feel free to contact the Director of the Welty Student Health Center, for assistance.

**It is the student's responsibility to understand their insurance plan and know how to access coverage. We advise that each student carry a personal insurance card at all times.**

If hospitalization or outside medical services are needed, the Health Center will assist the student in locating suitable medical treatment. The cost for such outsourced medical treatment, however, must be assumed by the student.

Whitman College provides “secondary” accident insurance for students participating in varsity intercollegiate athletics. This coverage is available to varsity athletes that sustain an injury during scheduled and supervised athletic activities. As a secondary insurance, the varsity athletics accident insurance policy will only pay medical bills after they have been processed by the student’s primary personal insurance. Please contact the Head Athletics Trainer, at 509-527-5590 for more information.

## **Reid Campus Center**

The Reid Campus Center serves as a community center for all members of the college — students, faculty, staff, alumni, and guests. To support the residential nature of the Whitman campus, the Reid Campus Center meets many day-to-day needs through an organization of professional staff, student employees, student volunteers, and committees.

The Reid Campus Center sponsors numerous programs including musical performances in the Coffeehouse, a Life Skills series, an Arts & Crafts fair, a leadership program, and much more.

Resources in the Reid Campus Center include the Bookstore, Debate, Greek Life, Intercultural Center, New Student Orientation, Office of Religious and Spiritual Life, Outdoor Program, Post Office, Student Activities Office, Student Engagement Center (America Reads/Counts, Career Development, Community Engagement, Internships), and Café 66. Other facilities and services include meeting-and-dining rooms, a lounge, an art gallery, an ATM (Banner Bank), vending machines, refrigerator rentals, campus lost-and-found, sign-ups for the chartered holiday bus and shuttle service, bulletin boards for advertising and notices, and outdoor equipment rental. The Reid Campus Center houses the Associated Students of Whitman College (ASWC), the Whitman Events Board (WEB), *The Wire* newspaper, the *blue moon* (art and literary journal), KWCW-FM student-operated radio station, and *quarterlife* (quarterly literary journal).