Aim high

**EmployeeConnect℠**

Employee Assistance Program

Everyone has goals. When you need a little help reaching yours, turn to your **EmployeeConnect** assistance services. No issue is too large or too small. And no time is too early or too late. Pick up the phone whenever you need to talk to a counselor—24 hours a day, seven days a week—with no out-of-pocket expense.

We're here when you need us. Get help 24/7 with:

- Depression
- Marital or family difficulties
- Stress management/anxiety
- Substance abuse
- Legal and financial concerns
- Locating child or elder care

To learn more about the Lincoln **EmployeeConnect℠** program:

Visit www.Lincoln4Benefits.com or www.GuidanceResources.com (user name = LFGsupport; password = LFGsupport1).

Or talk with a specialist at 888-628-4824.