Eye Conditions:

Conjunctivitis, Corneal Abrasion, Ulcer, or Foreign Body

What to know...what to do?

• Conjunctivitis is the inflammation of the conjunctiva or the white part of the eye (pink eye).
• Corneal abrasion is an open sore in the thin transparent layers that cover the eye.
• Multiple causes including: injury, prolonged contact lens use, viral or bacterial infection, pollens or allergic reactions, foreign material in the eye, or defective closure of the eye lid.
• Symptoms include: eye pain, light sensitivity, eyelid spasm, tearing, blurred vision, redness or discharge from the eye.
• Wash hands frequently; avoid transferring matter from one eye to the other. Gently wipe any discharge from the eye using disposal tissues from the bride of the nose outward. Don’t rub your eyes!
• Foreign body may need to be removed by an eye physician.
• Warm or cool water soaks...ask your nurse which is best for you!
• Do not wear contact lens or eye make-up.
• Antibiotic ointment or drops may be prescribed for bacterial infections.

Visit the Welty Health Center if...

• Develop a fever
• Pain not relieved by Tylenol or Ibuprofen
• Vision changes

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