



Whitman Today

Tuesday, March 2, 2021

Employee Assistance Program: March Resource Highlights



Whitman's Employee Assistance Program through [Cascade Centers](#) provides a wide variety of resources to support our employees in accessing holistic health information. This month, they are offering three support webinars:

- [Digital Detachment](#) 10 a.m., Wednesday, March 3
Technology fixation has been linked to negative effects on physical and emotional health, relationships, work performance and personal identity. This webinar provide tips and resources on practicing digital detachment.
- [Getting & Keeping Good Credit](#) 9 a.m. and noon, Tuesday, March 9
A discussion of the criteria that determines a credit score, as well as how to establish new credit, how to recover from credit challenges, and best practices for maintaining an excellent credit score.
- [Dreaming of Retirement](#) 9 a.m. and noon, Thursday, March 25
Many people can't wait for retirement, yet they haven't considered how they will sustain their ideal retirement lifestyle. This webinar will offer a wide range of considerations to help you formalize a realistic retirement plan to help make your retirement dream a reality.

[Sign in to the Cascade Centers website](#) to use their Benefits Match tool to learn about resources for your specific needs. You can also [sign up for their newsletters](#) to receive more information on upcoming webinars and other programs.

Q: What do I do if I accidentally complete the Daily Wellness Check incorrectly?

A: If you need to change your response to the Daily Wellness Check, you can do that through a link incorporated in the approved/not approved badge:

If you got this message as the result of an incorrect submission in the Daily Wellness Check, please click here to redo your check.

You will not get a new badge after you redo your check but will receive an email showing your corrected status that you can show in place of the badge.

Announcements

Register Now to Take a Virtual Career Trek with Tableau Software

Whitman College is taking part in the [Virtual Career Trek](#) series through the [Mountain Pacific Association of Colleges & Employers](#) (MPACE). During the presentations, employees from various companies will talk about company culture, career paths, internship and job opportunities and how to apply. From 4-5 p.m. on Thursday, March 4, the career trek continues with [Tableau Software](#). The event will have a 30-minute panel and two breakout room sessions covering cover the topics of Sales, Marketing, Women at Tableau and BIPOC at Tableau. To RSVP, [complete the Google form linked in Handshake](#).

IMPACT Conference Offered for Free This Year

[Register now for a free conference by IMPACT](#) on March 4-6. The IMPACT Conference is historically the largest annual conference focused on the civic engagement of college students in community service, service-learning, community-based research, advocacy and other forms of social action. Building on the rich 33-year tradition of the COOL Conference and the Idealist Campus Conference, IMPACT brings together students, administrators, faculty, AmeriCorps members and VISTAs and nonprofit professionals to learn and share effective practices, improve personal skills and organizational strategies, discover opportunities and resources, exchange stories and be inspired and challenged to sustain our efforts.

Noteworthy

Yuan Publishes Article on Gender and Religion in China

Xiaobo Yuan, assistant professor of anthropology and religion, has recently published an article titled, "Gendering Heterodoxy: The Corporeal Politics of Xiejiao in Chinese Christianity" in the March 2021 issue of the Journal of the American Academy of Religion. It is available to [read online](#) in advance.

NW5C Launches Mellon-Funded Project

Whitman is one of five liberal arts colleges in the Pacific Northwest have come together as the Northwest Five Consortium (NW5C) to support opportunities for community-engaged teaching and learning. With support from the Andrew W. Mellon Foundation, the NW5C launched the first phase of a four-year project on March 1. Faculty across the institutions will collaborate on faculty development webinars that explore approaches to campus/community engagement, make connections across campuses and inspire ideas for collaborative projects. The first three workshops will focus on incarcerated learning, racial justice and indigenous peoples and colonialism in the Northwest. [Learn more in their March 1 press release](#).

Submit News of a Person or Professional Achievement

Happening Today

- 9 a.m.-2 p.m. **COVID-19 Testing**
COVID-19 testing at Cordiner Hall for those in this week's random sample surveillance testing.
- 4:30 p.m. **Craft Your Future: A Professional Development Series presents: Meeting Etiquette & Management**
Meeting etiquette transforms your professional capacity. This workshop will teach you the basics of participating, leading and managing meeting logistics. Learn the various formats meetings may take and how to be most effective in your approach, virtually or in-person.
- 5 p.m. **New Book Celebration: "A Critical Legal Examination of Liberalism and Liberal Rights"**
A conversation with Matt McManus, visiting assistant professor of politics, to discuss his new book, which offers a defense of democratic liberal socialism that remains true to the egalitarian and emancipatory ethos of liberalism, while trying to overcome its limitations.

Whitman Events Calendar

Have a virtual event you'd like to share with campus? Email the details to whitmantoday@whitman.edu.

"Whitman Today" is produced by the Office of Communications and is emailed Monday-Friday to Whitman College staff, faculty and students. All times are listed in Pacific Standard Time.

Submissions are welcome! If you have a professional or personal accomplishment to celebrate, an event to publicize or other content to share with the Whitman community, email whitmantoday@whitman.edu. Submissions should be 125 words or less. The deadline for submissions is noon for the following day's newsletter, though submissions may be held for a later date according to space and editorial needs.

Previous issues of Whitman Today are [archived on our website](#).

