



Whitman Today

Friday, April 16, 2021

Virtual Undergraduate Conference Sparks Engaging Discourse



More than 1,500 people "attended" some part of the 23rd Annual Whitman Undergraduate Conference, which took place online this past Tuesday. Pre-recorded presentations followed by live Q&A time, an interactive poster session in Gather.Town and multiple musical interludes filled out the schedule of this unique opportunity for Whitman students to share their original research from classes, senior theses, study abroad projects and summer internships.

Senior psychology major Emily Solomon and her thesis partners, Ben Weitzel and Ava Randall, also senior psychology majors, presented their research on the correlation between depression and emotional intelligence in undergraduate students.

"I really enjoyed the opportunity to chat with others about my thesis, even in a virtual setting. I'm glad our group decided to participate in the poster session because it allowed for more one-on-one conversations about our research, and was a great chance to connect with others about the work they've been doing," says Solomon.

Descriptions and recordings of the 83 presentations and images and abstracts for the 23 posters as well as recordings of the concerts and the jazz workshop are available on the [Whitman Undergraduate Conference webpage](#).

[Read more.](#)

Q: How can I take a make-up test if I miss my COVID-19 surveillance testing?

A: If you fail to take an assigned surveillance test, we don't have a process for make-up testing. You cannot substitute results from a COVID test done at the Health Center or a different medical source. Your campus access will be suspended and you will be unable to enter campus buildings until after you take part in the following week's surveillance testing.

Surveillance testing notifications are sent each Friday afternoon for the coming week, along with a reminder on Monday mornings, and surveillance testing happens from 9 a.m. to 2 p.m. every Monday and Tuesday at Cordiner Hall.

Announcements



Vaccination Appointments Open for Tomorrow

The Walla Walla County Department of Health has appointments available tomorrow morning for the first dose of the Pfizer COVID-19 vaccine. If you have not yet started the vaccination process, you can get your first dose tomorrow and your second dose in early May and be done before finals. [Make an appointment online.](#)

ASWC is coordinating ride-shares for students who need transportation to get the vaccine. Visit their [Instagram](#) for details or [sign up online](#) to give or receive a ride.

Stress Relief for Caregivers

Taking care of others can take a major toll on your life, your mood, and your mental and physical health. Reflect on how to better manage the strain of your heavy responsibilities by viewing this [Stress Relief for Caregivers webinar](#) from Whitman's Employee Assistant Program (EAP), Cascade Centers. This session will provide a series of simple steps to reduce your stress and avoid burnout, including relaxation techniques, sound sleeping habits, healthy coping skills and building a system of support.

Happening This Weekend

TODAY

- 2 p.m. [Frisbee Golf](#)
Wind down your week with a round of Frisbee golf on the informal Whitman campus course. Frisbees provided!
- 4 p.m. [Wind Ensemble Spring Concert](#)
Watch the spring concert on Vimeo.



- 5 p.m. [On Borders and Hybridity](#)
Guest Lecturers: Contemporary Latinx theatre with four award-winning U.S. playwrights: Luis Alfaro, Migdalia Cruz, Elaine Romero and Enrique Urueta. Discussion will be about the work of our guest artists, and how their plays engage with ideas of immigration, border culture, hybrid identities, family, language, bilingual play texts and the importance of Latinx voices in crafting American theatre and identity.

SATURDAY

- 1 p.m. [Beginning Mountain Biking](#)
Learn the basics of mountain biking on a casual ride up the Mill Creek Trail to ride at Bennington Lake. No previous experience necessary. Mountain bike, helmet and rental clothing included.

SUNDAY

- 11:30 a.m. [BIPOC Outdoor Club Climbing Wall Event](#)
Come climb at the Whitman College Climbing Wall with the BIPOC Outdoor Club. No experience necessary. Free; equipment and instruction provided. The goal is to have fun and get to know each other while also getting familiar with the climbing wall.

Whitman Events Calendar

Have a virtual event you'd like to share with campus? Email the details to whitmantoday@whitman.edu.

"Whitman Today" is produced by the Office of Communications and is emailed Monday-Friday to Whitman College staff, faculty and students. All times are listed in Pacific Daylight Time.

Submissions are welcome! If you have a professional or personal accomplishment to celebrate, an event to publicize or other content to share with the Whitman community, email whitmantoday@whitman.edu. Submissions should be 125 words or less. The deadline for submissions is noon for the following day's newsletter, though submissions may be held for a later date according to space and editorial needs. By submitting to Whitman Today you also authorize use on Whitman's social media unless otherwise specified.

Previous issues of Whitman Today are [archived on our website](#).

