



Whitman Today

Wednesday, April 29, 2020

Coronavirus News

In the past 24 hours, there were five new positive coronavirus tests in Walla Walla County, bringing the total to 62 confirmed cases. Fifteen residents have recovered from the virus.

The Centers for Disease Control and Prevention (CDC) added six symptoms of the novel coronavirus to its list as health experts learn more from treating patients with the virus. The symptoms, which the CDC reports could appear two to 14 days after exposure to the virus, are: chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell. Previously, the CDC listed just three known symptoms: shortness of breath, cough and fever.

Washington Gov. Jay Inslee could announce an extension of his statewide coronavirus stay-at-home order later this week, according to his chief of staff. The order is scheduled to end on May 4, but the governor has said that parts of it would continue after that date. The governor's staff is also in discussions about reopening regional areas of Washington that have fewer coronavirus cases.

[Whitman's Coronavirus Website](#)

Announcements

Junior/Senior Housing Q&A Live Chat on Thursday

Have questions about on-campus housing for the upcoming year? Join three upperclass hall resident directors and the Residence Life housing coordinator in a live chat to get your questions answered. [Sign up](#) at least an hour prior to the event. Once you sign up, you will be invited to a Google Chat room, which is where the Q&A session will take place on Thursday at 4 p.m.

Premera Expands Telehealth Options for Behavioral Health Care
Through at least June 30, 2020, Premera members have expanded telehealth options for behavioral health care, which includes mental health and substance use disorders. Cost shares will be waived on all behavioral health telehealth services through at least June 30, 2020, and no referral for telehealth services is needed. Members can access an expanded national network of telehealth providers by phone, video and text from local counselors, psychologists and psychiatrists in our network. [Download this PDF for more information.](#) Please email Human Resources at hr@whitman.edu if you have questions.

Campus Resources

Need something from the bookstore?

Students, staff and faculty can email the bookstore at bookstore@whitman.edu to request an item, or order using our [online store](#). Your order will be taken to the campus post office, where you can arrange to pick it up.

Online Learning Tips and Tools

Trying to find answers to complicated citation questions? Need help with formatting? Penrose Library has a [citation guide](#) that provides examples and resources for all major citation styles. You can also find links for accessing guides like the [Chicago Manual of Style](#) online through the library. If you have any questions, contact library staff [via chat or email](#).

[Online Learning Resources for Students](#)

Health Reminder

Remember to take a moment to care for your mental health. This is a very stressful time, and people react to stress differently. There are many helpful apps that can give you tips, provide a place to track your moods or journal, or even provide guided meditation. [See a list of helpful apps on the Counseling Center website.](#)

[Health and Social Distancing Tips](#)

Happening Today and Tomorrow

TODAY

- 4 p.m. [Honors Thesis Info Session](#)
Join Librarian Emily Pearson for a webinar over Zoom covering submitting your thesis to the library for honors.
- 5 p.m. [Immigration Week Speaker: Savannah Son](#)
Savannah Son will discuss the devastating impacts of the school-to-prison-to-deportation in the Southeast Asian American community and the grassroots movement fighting for the right for the community to heal and stay together.
- 7 p.m. [Intercultural Center Virtual Game Night](#)
Join International Student Advisor Greg Lecki for some game battles online.

TOMORROW

- 3 p.m. [Student Career Advisor Drop-in Hours](#)
Send a chat invite to Student Career Advisor Emma Saas for assistance with resumes, cover letters, job applications, internships and more.

[More Upcoming Events](#)

Have a virtual event you'd like to share with campus? Email the details to whitmantoday@whitman.edu.

"Whitman Today" is produced by the Office of Communications and is emailed daily to Whitman College staff, faculty and students. All times are listed in Pacific Daylight Time. Previous newsletters can be found on the [Whitman Today archive website](#).

To submit items, email whitmantoday@whitman.edu. The deadline for newsletter submissions is 4 p.m. the prior business day.



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