

Climbing Wall Orientation and Risk Management Checklist for New Climbers

Participant Name: _____

As a new climber, I understand that I require orientation and/or training before participating in climbing activities in this facility. I understand the facility may require me to pass an assessment or assessments prior to allowing me to participate in certain activities. I understand that if I need additional assistance, orientation, instruction, training or assessment during my participation at the climbing facility at any future time that it is my responsibility to seek such assistance, orientation, instruction, training or assessment for the climbing gym staff prior to participating in any activity for which I am not trained or qualified. My signature indicates that I understand the information above and that the climbing gym staff and orientation video have presented this information to me.

Participant Signature: _____

Please answer the following questions:

Top-rope climbing and belay experience: _____

Lead climb and belay experience: _____

List any limiting physical conditions (consult physician if unsure): _____

-----FOR STAFF USE ONLY-----

Facility Orientation

- Asses climbing experience
- Fitness to participate
- Liability waiver signed
- Safety policies & rules form signed
- Orientation video watched
- Qualification process overviewed
- Check-In/check-out procedure
- Policy for minors reviewed
- Correct use of personal protective equipment
- Appropriate equipment in good repair;
- Follow manufacturer's instructions for use, care, inspection, retirement;
- Get qualified instruction for new or unfamiliar equipment.

Bouldering Orientation

Climber understands or demonstrates:

- Inherent risks of bouldering
 - Holds can spin or break;
 - All falls are ground falls;
 - You will fall bouldering;
 - Falls may result in injury;
 - Injuries can be severe, etc.
- Facility rules for bouldering
 - Grading system;
 - Where allowed;
 - Maximum height;
 - Topping out;
 - Age restrictions.
- Awareness of surroundings
 - Clear landing area;
 - Location of other climbers.
- Purpose and limitations of padded flooring
 - No guaranteed safety;
 - Purpose of spotting;
 - Spotting technique;
 - Position of spotter;
 - When to spot;
 - Hazards to spotters;
 - Limitations;
 - Demonstration.
- Spotting review
- Down climbing
- Falling technique

Auto Belay Qualification

Climber Understands or Demonstrates:

- Inherent risks of Auto Belays
 - Not clipping in;
 - Mechanical failure;
 - User error, etc.
- Proper use and functioning of the Auto Belay
 - Weight limitations for device;
 - For use by one person;
 - Avoid other climbers;
 - Avoid pendulum falls;
 - Avoid entanglement;
 - Do no redirect lifeline;
 - Never climb into slack;
 - Report unusual functioning.
- Fitting and securing of harness
- Auto Belay attachment to harness
 - Correct location;
 - Gate orientation; Locked.
- Gets checked by another climber before climbing
- Tests retraction of lifeline before climbing
- Climbs on route
 - Climbs in line with device;
 - Never climbs above device;
 - Does not use hangers, quickdraws, or carabiners as holds.
- Checks landing zone
- Lowers correctly
- Re-attaches lifeline to floor

Facility and Bouldering Orientation

Employee: _____

Signature: _____

Date: _____

Auto Belay Qualification

Employee: _____

Signature: _____

Date: _____



