**Equipment List:**  
**Whitewater Scramble**

Welcome to Scrambles!

Reading this list will give you a good idea of the gear typically brought on your Scramble, what is necessary, what is strongly recommended and what is optional. Please try to stick to the list, as extra gear creates weight and space issues when packing for your trip. Specific gear lists will change dependent on the route, weather and/or your trip leaders. Please do not hesitate to contact the OP Rental Shop at (509) 527-5965, the Scrambles Coordinator at scrambles@whitman.edu, or your leaders if you have any questions about gear. We would be more than happy to help you with your decision making!

Every year the Scrambles program encounters variable weather. In a year with colder or rainier weather you will need all the items on this list. We do not expect you to purchase every item listed however; instead you can borrow items, rent from the OP Rental Shop (please make reservations early to guarantee we have what you need), shop at used gear stores, and purchase items that will mimic the qualities described. Please remember the most important rule pertaining to gear:

*****NO COTTON!!!*** SYNTHETIC OR WOOL MATERIALS ONLY**

* = Items available for rent in the Outdoor Program Rental Shop  
$ = Items available for sale in the OP

### Clothing
- **Lightweight Long Underwear Top.** ($) No cotton (Capilene is preferred). Wool or performance polyester works as well.
- **Insulating Top.** (*) A soft shell jacket, fleece, wool sweater, or expedition weight long underwear.
- **Sun Shirt.** Light weight long sleeve synthetic shirt to protect from sun. A cotton shirt here is okay.
- **Underwear.** 0-3 pairs non cotton underwear. Exception for women; bring 1-2 of these as cotton underwear for camp.
- **Lightweight Long Underwear Pants.** ($) 0-2 pairs non-cotton long underwear pants. Capilene is preferred; wool or performance polyester works too.
- **Soft Shell or trekking pants or wind pants.** (*) Many people wear these all trip. Loose fitting and synthetic. Offers sun and wind protection as well as some warmth.
- **Synthetic shorts and/or Swimsuit.** Quick drying synthetic shorts or swimsuit for being on the water.
- **Rain Gear.** (*) Tops and bottoms. Waterproof. To protect and against rain and wind. Full zip-on jacket with underarm zips and no insulation allows for best ventilation. Full zip pants allows for easy removal.

### Footwear
- **Water Shoes.** (*) No flip flops. A water shoe should protect the whole foot, keep it warm and not fall off while swimming. Rafters can couple neoprene socks with Tevas/Chacos or other sandals with a heel strap. Kayakers benefit from neoprene booties that fit better in whitewater kayaks (i.e. NRS wet socks or NRS Sasquatch Shoe). The OP’s supply is very limited. We encourage you to purchase or borrow neoprene socks for your trip.
- **Lightweight Camp Shoes.** Comfortable, Chacos, Tevas or old tennis shoes. Ability to wear socks is nice.
- **Wool or Synthetic Socks.** ($) 3 pairs. Warm socks that fit comfortably in boots. Light-heavy weight dependent on preferences, a variety can be nice.

### Headwear
- **Sun Hat.** Ball cap, visor, etc. Protect face and eyes from sun.
- **Sunglasses.** (*) Comfortable, dark pair of sunglasses with UV protection.
- **Chums or Croakies.** To secure your sunglasses.

### Personal Equipment
- **Sleeping Bag.** (*) Should be able to pack small. 40\(^\circ\) or warmer.
- **Compression Sack.** (*) To compact sleeping bag for packing. Lined with plastic compactor bag.
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- 3 Heavy Duty Plastic Bags. ($) Ideally 3 white compactor bags (one will be used to line sleeping bag, the others to store clothing.)
- Sleeping Pad. (*, $) Inflatable pads are more comfortable than foam ones, but watch for thorns. RidgeRest is the recommended foam pad. Three-quarters or full length.
- Water Bottles. ($) 2-liter capacity. One liter wide mouth bottles work best, or old pop or Gatorade bottles.
- Headlamp. Lightweight and simple design. LED headlamps are recommended. Bring extra batteries. ($)
- Sunscreen and Chapstick. SPF 30 or better for sunscreen. Chapstick SPF 15 or better is recommended.
- Toiletry Bag. Toothbrush, toothpaste, prescription medications, etc.

Boating Gear (available for rent for free - but please bring personal gear if you own it)

- Personal flotation Device. Type III (for kayaking) or V (for rafting), US Coast Guard Approved.
- Helmet
- Hydroskin top. Neoprene top for warmth.
- Wetsuit or hydroskin pants
- Splash top.
- Neoprene gloves.
- Large dry bag. Rafters will use to store all personal gear. Kayakers can use a large duffel bag or backpack instead.
- Small Dry Bag. To be kept accessible throughout the day with food and personal items in kayak or raft.

End of Trip Gear

- Shower Bag. Change of clothing, towel, shampoo, soap, razor etc. to shower in Sherwood Athletic Center before end-of-trip picnic.
- 1-2 sheets. To sleep on in residence hall room Aug. 28th. You will not have access to stored luggage until 9am the day after your trip returns.

Optional Equipment

- Warm Hat. ($) Should cover ears. Wool or synthetic.
- Waterproof Wrist Watch with alarm (highly recommended).
- Buff. ($) (optional but very nice). The original Buff works great for sun protection and also for warmth. Very versatile.
- Nose and/or ear plugs. For whitewater kayakers (protects ears from cold water bone growth).
- Crazy Creek chair. ($) Or other light camp chair.
- Cup, Bowl, Spoon. ($) Cup and bowl should be durable for hot drinks/liquids and should have a lid. Spoons that pack into bowl/cup are good.
- Gloves. Light weight fleece gloves. The evenings and mornings can be chilly at times.
- Journal/notepad/pencils
- Wind Shirt (nice if you don’t have a soft shell jacket)
- Small book
- Camera
- Waterproof case for camera. Pelican cases work great.
- Bug spray ($) and/or head net ($) 
- Bandana
- Energy Bars ($) 
- Small Light Pocket Knife. ($) 
- CD of music/portable music device for car ride 
- Plastic Tarp. To sleep on sand.

- Insulating Pants. (*) One pair fleece pants or expedition weight long underwear bottoms. Good if you get cold easily.

Group Gear Provided (example, differs trip by trip)

- Tents or Flys
- Stoves and Fuel
- Pots, pans and pot grips
- Dromedaries and iodine tablets
- Food bags
- Bear hang rope spray and/or canisters
- First aid and Repair Kit
- Permits and passes
- Maps
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