Welcome to Scrambles!

Reading this list will give you a good idea of the gear typically brought on your Scramble, what is necessary, what is strongly recommended and what is optional. Please try to stick to the list, as extra gear creates weight and space issues when packing for your trip. Specific gear lists will change dependent on the route, weather and/or your trip leaders. Please do not hesitate to contact the OP Rental Shop at (509) 527-5965, the Scrambles Coordinator at scrambles@whitman.edu, or your leaders if you have any questions about gear. We would be more than happy to help you with your decision making!

Every year the Scrambles program encounters variable weather. In a year with colder or rainier weather you will need all the items on this list. We do not expect you to purchase every item listed however; instead you can borrow items, rent from the OP Rental Shop (please make reservations early to guarantee we have what you need), shop at used gear stores, and purchase items that will mimic the qualities described. Please remember the most important rule pertaining to gear:

***NO COTTON!!!*** SYNTHETIC OR WOOL MATERIALS ONLY

* = Items available for rent in the Outdoor Program Rental Shop
$ = Items available for sale in the OP

**Clothing**

- **Lightweight Long Underwear Top. ($) No cotton (Capilene is preferred).** Wool or performance polyester works as well.
- **Insulating Tops. (*) 2-3 soft shell jackets, fleeces, wool sweaters, expedition weight long underwear.**
- **Sun Shirt.** Light weight long sleeve synthetic shirt to protect from sun (i.e. Patagonia sun hoody or old long sleeve dress shirt).
- **Underwear.** 0-3 pairs non cotton underwear. Exception for women: 1-2 of these can be cotton underwear for camp.
- **Lightweight Long Underwear Pants. ($) No Cotton (Capilene is preferred).** Wool or performance polyester works as well.
- **Insulating Pants. (*) One pair fleece pants or expedition weight long underwear bottoms.**
- **Soft Shell or trekking pants or wind pants. (*) Many people wear these all trip. Loose fitting and synthetic. Offers sun and wind protection as well as some warmth.**
- **Synthetic shorts and/or swimsuit.** Quick drying synthetic shorts for day hikes, and a swimsuit for being on the water.
- **Rain Gear. (*) Tops and bottoms. Waterproof and breathable. To protect and against rain and wind. Full zip on jacket with underarm zips and no insulation always for best ventilation. Full zip pants allows for easy removal.**

**Footwear**

- **Water Shoes. (*) No flip flops. A water shoe should protect the whole foot, keep it warm and not fall off while swimming. Neoprene booties work well. You can also couple neoprene socks with Tevas/Chacos or other sandals with a heel strap (i.e. NRS wet socks or NRS Sasquatch Shoe). The OP’s supply is very limited. We encourage you to purchase or borrow neoprene socks for your trip.**
- **Lightweight Camp Shoes.** Comfortable Chacos, Tevas, or old tennis shoes. The ability to wear socks is nice.
- **Wool or Synthetic Socks. ($) 3 pairs. Warm socks that fit comfortably in camp shoes. Light-heavy weight dependent on preferences, a variety can be nice.**

**Headwear**

- **Warm Hat. ($) Should cover ears. Wool or synthetic.**
- **Sun Hat.** Ball cap, visor, etc. Protect face and eyes from sun.
- **Sunglasses. (*) Comfortable pair of sunglasses with UV protection.**
- **Chums or Croakies.** To secure your sunglasses.
Personal Equipment

- **Dry Bags or Stuff Sacks, (*) or zip duffel bags lined with compactor bags.** For personal gear. **Only bring XS-M** dry bags if you already own them. It is better to have more, smaller items for boat loading, rather than a few larger bags.
- **Sleeping Bag, (*)** Should be able to pack small. **15-30º.**
- **Compression Sack, (*)** To compact sleeping bag for packing in boats. Lined with plastic compactor bag to keep it dry.
- **4 Heavy Duty Plastic Bags, ($)** Ideally 4 thick, white compactor bags (one will be used to line sleeping bag, the other to line duffels clothing).
- **Sleeping Pad, (*) ($)** Inflatable pads are more comfortable than foam ones, but more fragile. RidgeRest is the recommended foam pad. Three-quarters or full length.
- **Cup, Bowl, Spoon, ($)** Cup and bowl should be durable for hot drinks/liquids and should have a lid. Spoons that pack into bowl/cup are good.
- **Water Bottles, ($)** Two-liter capacity. Two 1-liter wide mouth bottles work best.
- **Gloves, ($)** Lightweight fleece or liner gloves. Try to keep hands warm around camp. The evenings and mornings will be chilly at times.
- **Headlamp, ($)** Lightweight and simple design. LED headlamps are recommended. Bring extra batteries.
- **Sunscreen and Chapstick, ($)** SPF 30 or better for sunscreen. Chapstick SPF 15 or better is recommended.
- **Toiletry Bag, Toothbrush, toothpaste, prescription medications, etc.**

Boating Gear (Available for rent for free, but please bring personal gear if you own it)

- **Personal Flotation Device (PFD)**
- **Splash top**
- **Hydro skin, Top and/or bottom for warmth.**
- **Neoprene gloves**
- **Small Dry Bag, To be kept accessible with food and personal items.**

Optional Equipment

- **Buff ($)**, (Optional but very nice) The original Buff works great for sun protection and also for warmth. Very versatile.
- **Waterproof Wrist Watch** with alarm (highly recommended).
- **Crazy Creek chair, ($)** Or other light camp chair.
- **Journal/notepad/pencils**
- **Wind Shirt** (nice if you don’t have a soft shell jacket)
- **1 roll toilet paper & plastic bag (must carry out used).**
- **Small book**
- **Wrist brace if appropriate.**
- **Key chain carabiners, To clip personal items to boat. 2-3.**
- **Camera, Waterproof is better.**
- **Bug spray ($) and/or head net ($)**
- **Bandana**
- **Energy Bars ($)**
- **Rain Hat (*) or Seattle Sombrero**
- **Small Light Pocket Knife ($)**
- **CD of music for car ride**
- **Wet Wipes, Nice for occasional self-cleaning.**

Group Gear Provided (example, differs trip by trip)

- **Tents or flys**
- **Stoves and Fuel**
- **Pots, pans and pot grips**
- **Dromedaries and iodine tablets**
- **Food bags**
- **Bear hang rope spray and/or canisters**
- **First aid and Repair Kit**
- **Permits, passes and leader paper work**
- **Maps**