

Student Affairs

Academic Resource Center

Academic Resource Center (ARC) provides a number of services and programs in order to support all students at Whitman. These include services such as academic coaching and workshops on topics such as time management and note-taking, and programs including pre-major advising, peer tutoring, and the Student Academic Adviser (SA) program. The College's Access and Disability Support Services are housed within the ARC and are addressed separately in the subsection below.

The ARC is overseen by Juli Dunn, who also coordinates the pre-major advising program. Janet Mallen attends to all aspects of Student Success, including coordinating the peer tutoring program, meeting with students who receive mid-semester grade reports, offering academic coaching and workshop sessions for individuals or groups, and supervising the student academic advisers (SAs). The SAs live and work in first-year residence hall sections and support their residents as they transition to a new academic environment. SAs are trained to offer academic advice, guidance regarding on-campus resources, and programming on topics that can improve students' skills and confidence. Additional information about the ARC is available at whit.mn/arc or you can always come visit us in Memorial 325.

Access and Disability Support

Whitman College is committed to provide fair and equal access for students with disabilities and ensure that they have an equal opportunity to participate in and benefit from all the College's programs and activities. Any student with a documented disability, chronic illness, or an injury (including concussion) that results in a temporary disability is welcome to come in and discuss their options for support and accommodations. Accommodations include (but are not limited to) extended time and a reduced-distraction environment for exams, note-taking services, and assistive technology in and out of the classroom and during exams. We can also alert faculty to medical or mental health conditions that may affect the classroom environment or a student's attendance and participation.

A student requesting accommodations can initiate the process at any time during their academic career by meeting with Antonia Keithahn, Assistant Director of Academic Resources: Disability Support Services. For additional information and complete policies, please visit our website at whit.mn/dss.

Welty Center — Counseling

Licensed Professionally trained counselors are available to provide personal and psychological counseling to students at no charge. Counselors assist individuals and groups with personal and academic concerns, interpersonal relationships, and other areas that may interfere with their success at Whitman. The center works on a short-term counseling model. Students work with their counselor to develop goals. Together they work out appointment times and length of counseling. Physicians at the Welty Health Center clinics are available to students for medication evaluations. Mental Health Nurse Practitioners are available in the community as a resource if needed. The Counseling Center offers one-to-one and group counseling. In addition to this service, there are a number of personal growth opportunities, in the form of workshops and programs on a variety of topics. Whitman has supervised peer-counseling program, and Master's level interns provide additional counseling resources and support. All counseling is confidential.

Welty Center — Health Services

The on-campus Health Center, with a 12-bed capacity, is staffed by nurses around the clock. During the academic year, the Health Center serves as a facility for the management of minor injuries and illnesses, and it offers student overnight rooms for health-related conditions not requiring hospitalization. Illness prevention and health education are emphasized.

The Health Center physicians maintain regularly scheduled hours on campus Monday-Friday. The physicians may refer students to outside resources if indicated. Limited postoperative care may be provided at the Health Center. The Director of the student Health Center, who is a registered nurse, is also available to see students on a walk-in basis for nursing assessment and referral. **All regular students may access Health Center resources and may see the Health Center**

physician and nurses without charge. If a student wishes to consult a private physician, the Health Center staff may recommend competent local specialists when requested to do so. Whenever a student is treated away from the Health Center, the expenses incurred will be the student's responsibility.

Services at the Health Center include: reproductive health care, including PAP smears and contraception, anonymous HIV testing, a dispensary for prescribed medication, allergy antigen regimes/shots prescribed by home physicians, travel consults, vaccines, and an onsite nutritionist.

Accident and Health Insurance

All Domestic and International Students are required to have insurance with a U.S. based health insurance company that will pay benefits in Washington State.

If you need help in finding information about available plans or have questions regarding a plan, refer to the Welty Center website at, www.whitman.edu/offices-and-services/health-center/insurance or feel free to contact the Director of the Welty Student Health Center, for assistance.

It is the student's responsibility to understand his or her insurance plan and know how to access coverage. We advise that each student carry a personal insurance card at all times.

If hospitalization or outside medical services are needed, the Health Center will assist the student in locating suitable medical treatment. The cost for such outsourced medical treatment, however, must be assumed by the student.

Whitman College provides "secondary" accident insurance for students participating in varsity intercollegiate athletics. This coverage is available to varsity athletes that sustain an injury during scheduled and supervised athletic activities. As a secondary insurance, the varsity athletics accident insurance policy will only pay medical bills after they have been processed by the student's primary personal insurance. Please contact John Eckel, Head Athletics Trainer, at 509-527-5590 for more information.

Reid Campus Center

The Reid Campus Center serves as a community center for all members of the college — students, faculty, staff, alumni, and guests. To support the residential nature of the Whitman campus, the Reid Campus Center meets many day-to-day needs through an organization of professional staff, student employees, student volunteers, and committees.

The Reid Campus Center sponsors numerous programs including musical performances in the Coffeehouse, a Life Skills series, an Arts & Crafts fair, a monthly lunchtime leadership program, and much more.

Resources in the Reid Campus Center include the Bookstore, Conferences and Events Office, Fellowships and Grants, Greek Life, Intercultural Center, New Student Orientation, Office of Religious and Spiritual Life, Outdoor Program, Post Office, Student Activities Office, Student Engagement Center (America Reads/Counts, Career Development, Community Service, Internships), and Café 66. Other facilities and services include meeting-and-dining rooms, a lounge, an art gallery, an ATM (Banner Bank), vending machines, refrigerator rentals, campus lost-and-found, sign-ups for the chartered holiday bus and shuttle service, bulletin boards for advertising and notices, and outdoor equipment rental. The Reid Campus Center houses the Associated Students of Whitman College (ASWC), the Whitman Events Board (WEB), *The Wire* newspaper, the *blue moon* (art and literary journal), KWCW-FM student-operated radio station, the Whitman Yearbook, and *quarterlife* (quarterly literary journal).