NCAA Banned Drug List

2012-13 NCAA Banned Drugs

It is the student-athlete's responsibility to check with the appropriate or designated athletics staff before using any substance

The NCAA bans the following classes of drugs:
  a. Stimulants
  b. Anabolic Agents
  c. Alcohol and Beta Blockers (banned for rifle only)
  d. Diuretics and Other Masking Agents
  e. Street Drugs
  f. Peptide Hormones and Analogues
  g. Anti-estrogens
  h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:
  b. Local Anesthetics (under some conditions).
  c. Manipulation of Urine Samples.
  d. Beta-2 Agonists permitted only by prescription and inhalation.
  e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:
Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff!

  - Dietary supplements are not well regulated and may cause a positive drug test result.
  - Student-athletes have tested positive and lost their eligibility using dietary supplements.
  - Many dietary supplements are contaminated with banned drugs not listed on the label.
  - Any product containing a dietary supplement ingredient is taken at your own risk.

Note to Student-Athletes: There is no complete list of banned substances.
Do not rely on this list to rule out any supplement ingredient.
Check with your athletics department staff prior to using a supplement.
Some Examples of NCAA Banned Substances in Each Drug Class

**Stimulants:** amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexaneamine, “bath salts” (mephedrone) etc. Exceptions: phenylephrine and pseudoephedrine are not banned.

**Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione):** boldenone; clenbuterol; DHEA (7-Keto); nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.

**Alcohol and Beta Blockers (banned for rifle only):** alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

**Diuretics (water pills) and Other Masking Agents:** bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

**Street Drugs:** heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (eg. spice, K2, JWH-018, JWH-073)

**Peptide Hormones and Analogues:** growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

**Anti-Estrogens:** anastrozole; tamoxifen; formestane; 3,17-dioxo-etiochol-1,4,6-triene(ATD), etc.

**Beta-2 Agonists:** bambuterol; formoterol; salbutamol; salmeterol; etc.

*Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!*

Last Updated: Jan 4, 2013