



the **FOUR PHASE PLAN**

Exploring what you care about, reviewing potential majors and careers, and reflecting on the myriad experiences you have as a student at Whitman College will all help you navigate your life after Whitman. This four phase plan can guide you through resources and events provided by the SEC. No matter what year you are, it is never too early or too late to start planning your career development!

1

BEGIN YOUR STORY *first year*

- **Attend the Activities Fair.** Discover clubs, campus activities, and community service opportunities.
- **Use Whitman Wayfinder.** Find ways to engage with the community via campus groups and clubs.

explore

- **Find an on-campus job.** Attend the Jobs Fair during orientation and review the Student Employment Handbook.
- **Research potential majors.** Talk regularly about your interests with your pre-major adviser and stop by the Majors Fair in early December.
- **Use the resources provided by the SEC.** Schedule an appointment to take Focus2Career assessments to clarify your skills, values, and strengths.

learn

- **Get connected.** Complete your Handshake profile and set up a LinkedIn profile if you don't have one.
- **Seek advice.** Create a college-level resume and make a career advising appointment with Career Counselor Gayle Townsend.

prepare

DEVELOP YOUR STORY *sophomore year*

2

- **Learn about internships.** Use Handshake, the Whitman Internship Database, and Whitman Wayfinder to explore internship opportunities or consider applying for a Whitman Internship Grant (WIG).
- **Investigate career paths.** Use informational interviews, job shadows, and Career Development workshops to learn more about careers that interest you.

- **Get involved in the community.** Explore Walla Walla by participating in community service, projects, and programs.
- **Initiate contact with alumni.** Meet alumni at Whitties Helping Whitties and follow-up contact using Whitman Connect and LinkedIn.

- **Utilize the Student Engagement Center.** Use Handshake to sign up for a career counseling appointment, review a resume, or to create a LinkedIn profile.
- **Gain leadership experience.** Expand your involvement on campus through student leadership roles in the ARC, Residence Life, the Outdoor Program, or other student activities.

research

connect

strengthen

3

REFINE YOUR STORY

junior
year

- **Embrace your passions.** Take on leadership roles in your extracurricular activities and consider applying for the Community Fellow Program (open to juniors/seniors only).
- **Identify your career options.** Attend Finding Your Future events on campus throughout the year.

clarify

- **Explore opportunities with online platforms.** Use Glassdoor, Whitman Wayfinder, and Handshake to research jobs/internships and learn about organizations.
- **Think about graduate school.** Investigate graduate school resources on the SEC website and determine whether (or perhaps when) you'd like to apply.

evaluate

- **Continue to build your network.** Attend office hours with your professors and use Whitman Connect to contact alumni for Informational Interviews.
- **Pursue your professional growth.** Do a practice interview, attend a salary negotiation workshop, and educate yourself about financial literacy.

focus

OWN YOUR STORY

senior
year

4

network

- **Expand your alumni network.** Connect with alumni working in organizations that interest you through Whitman Connect, LinkedIn, and Whitties Helping Whitties.
- **Connect with individuals in your field.** Collaborate with faculty on research, co-write papers, and attend conferences.

plan

- **Develop a strategy for your job search.** Update your resume and use the Job Search Tracker to help you organize your contacts, companies, and job applications.
- **Attend workshops to increase your knowledge of Life After Whitman.** Take advantage of workshops offered by the SEC in the areas of financial literacy, salary negotiation, the job application process, and more.

engage

- **Increase and improve your presentation skills.** Gain experience in public speaking by leading a session at the Power & Privilege Symposium or the Whitman Undergraduate Conference.
- **Attend Senior Week activities.** Take advantage of programs specifically designed to help with the transition to the professional world.
- **Stay involved in the Walla Walla community.** Apply to be a Community Fellow or volunteer at a non-profit.

Want more information? Check out these online resources or visit us in person!

Student Engagement Center
Reid Campus Center 219
Whitman College

Website: whitman.edu/student-life/student-engagement-center

Email: sec_info@whitman.edu

Phone: (509) 527-5183

Schedule a meeting: whitman.joinhandshake.com

