Welcome to Scrambles!

Reading this list will give you a good idea of the gear typically brought on your Scramble, what is necessary, what is strongly recommended and what is optional. Please try to stick to the list, as extra gear creates weight and space issues when packing for your trip. Specific gear lists will change dependent on the route, weather and/or your trip leaders. Please do not hesitate to contact the OP Rental Shop at (509) 527-5965, the Scrambles Coordinator at scrambles@whitman.edu, or your leaders if you have any questions about gear. We would be more than happy to help you with your decision making!

Every year the Scrambles program encounters variable weather. In a year with colder or rainier weather you will need all the items on this list. We do not expect you to purchase every item listed however; instead you can borrow items, rent from the OP Rental Shop (please make reservations early to guarantee we have what you need), shop at used gear stores, and purchase items that will mimic the qualities described. Please remember the most important rule pertaining to gear:

***NO COTTON!!!*** SYNTHETIC OR WOOL MATERIALS ONLY

* = Items available for rent in the Outdoor Program Rental Shop
$ = Items available for sale in the OP

**Clothing**

- **Lightweight Long Underwear Top. ($)** No cotton (Capilene is preferred). Wool or performance polyester works as well.
- **Insulating Tops. (*)** 2-3 soft shell jackets, fleeces, wool sweaters, expedition weight long underwear.
- **1-2 cotton T-shirts.**
- **Sun Shirt.** Lightweight long sleeve shirt to protect from sun (i.e. Patagonia sun hoody or old long sleeve dress shirt).
- **Underwear.** 0-3 pairs non cotton underwear. Exception for women: 1-2 of these can be cotton underwear for camp.
- **Lightweight Long Underwear Pants. ($)** No Cotton (capilene is preferred). Wool or performance polyester works as well.
- **Soft Shell or trekking pants or wind pants. (*)** Many people wear these all trip. Loose fitting and synthetic. Offers sun and wind protection as well as some warmth.
- **Comfortable Long Pants.** Loose cotton pants to be worn while climbing (optional).
- **Comfortable Shorts.** Quick drying synthetic shorts comfortable for wearing with a harness. Not short shorts.
- **Rain Gear. (*)** Tops and bottoms. Waterproof and breathable. To protect and against rain and wind. Full zip on jacket with underarm zips and no insulation always for best ventilation. Full zip pants allows for easy removal.

**Footwear**

- **Close-toe approach shoes.** Good traction and full coverage of toes needed.
- **Lightweight Camp Shoes.** Comfortable Chacos, Tevas, or old tennis shoes. The ability to wear socks is nice.
- **Cotton or synthetic socks.** For approaches and to wear in rental climbing shoes. 2 pair.
- **Wool or Synthetic Socks. ($)** 2 pairs. Warm socks that fit comfortably in approach and camp shoes. Light-heavy weight dependent on preferences; a variety can be nice.

**Headwear**

- **Warm Hat. ($)** Should cover ears. Wool or synthetic.
- **Sun Hat.** Ball cap, visor, etc. Protect face and eyes from sun.
- **Chums or Croakies. ($)** To secure your sunglasses while climbing.
- **Sunglasses. (*)** Comfortable pair of sunglasses with UV protection.
Equipment List:
Climbing Scramble

**Personal Equipment**

- **Backpack** or large duffel. We will be car camping.
- **Extra-large Day Pack.** This should be large enough to carry all your gear (climbing and personal) and group gear to and from the crag for a day of climbing.
- **Sleeping Bag.** (*15-30°.
- **Compression Sack.** (*) To compact sleeping bag for packing. Lined with plastic compactor bag.
- **3 Heavy Duty Plastic Bags.** ($) Ideally 3 white compactor bags (one will be used to line sleeping bag, the other to store clothing).
- **Sleeping Pad.** (*, $) Inflatable pads are more comfortable than foam ones, but watch out for thorns. RidgeRest is the recommended foam pad. Three-quarters or full length.
- **Cup, Bowl, Spoon.** ($) Cup and bowl should be durable for hot drinks/liquids and should have a lid. Spoons that pack into bowl/cup are good.
- **Water Bottles.** ($) Wide mouth works best. Two liter capacity total. 1-liter wide-mouth bottles work best.
- **Gloves.** Lightweight fleece or liner gloves. To keep hands warm around camp. The evenings and mornings can be chilly.
- **Headlamp.** ($) Lightweight and simple design. LED headlamps are recommended. Bring extra batteries.
- **Sunscreen and Chapstick.** SPF 30 or better for sunscreen. Chapstick SPF 15 or better is recommended.
- **Toiletry Bag.** Toothbrush, toothpaste, prescription medications, etc.

**End of Trip Gear**

- **Shower Bag.** Change of clothing, towel, shampoo, soap, razor etc. to shower in Sherwood Athletic Center before end of trip picnic.
- **1-2 sheets.** To sleep on in residence hall rooms on Aug. 28th. You will not have access to stored luggage until 9am the day after your trip returns.

**Climbing Gear (available to rent for free)**

- **Climbing Harness**
- **Climbing Shoes**
- **Climbing Helmet**

**Optional Equipment**

- **Waterproof Wrist Watch** with alarm (highly recommended).
- **Chalk Bag and Chalk.**
- **1 Roll of Athletic Tape.** For taping hands and fingers for certain types of climbing.
- **Buff.** (Optional but very nice). The original Buff works great for sun protection and also for warmth. Very versatile.
- **Swimsuit.**
- **Crazy Creek chair.** ($) Or other light camp chair.
- **Journal/notepad/pencils**
- **Wind Shirt** (nice if you don’t have a soft shell jacket)
- **1 roll toilet paper & plastic bag (must carry out used).**
- **Small book**
- **Camera**
- **Bug spray** and/or head net ($)
- **Bandana**
- **Energy Bars.** ($) 
- **Small. Light Pocket Knife.**
- **CD of music for car ride**
- **Wet Wipes.** Nice for occasional self-cleaning.
- **Cotton or synthetic sheet.** To use for sleeping if sleeping bag is too warm.
- **One 5ft x 6mm cordalette.** ($) For climbing backups.

**Group Gear Provided (an example, differs trip by trip)**

- **All group climbing gear (ropes, anchors, draws, etc.)**
- **Tents or flies**
- **Stoves and Fuel**
- **Pots, pans and pot grips**
- **Dromedaries and iodine tablets**
- **Food bags**
- **Bear hang rope spray and/or canisters**
- **First aid and Repair Kit**
- **Permits, passes and leader paper work**
Equipment List:
Climbing Scramble