

DON'T BE AN INFECTOR!

STAY HOME IF YOU'RE SICK!

Going to class or work with flu symptoms is like doing this to your colleagues and friends:



FLU SYMPTOMS:

- fever higher than 100
- fatigue
- vomiting
- cough
- sore throat
- headache

HAVE SYMPTOMS? SELF-ISOLATE!

And remember to wash your hands and cough/sneeze into your sleeve.

Questions? Call the Welty Health Center
at 527-5281 or visit www.whitman.edu/flu