



Whitman College  
New Intercollegiate Student-Athlete  
Medical Clearance Checklist

Please send all of the following documents by **AUGUST 1<sup>ST</sup>**:

**Whitman College Athletic Training  
C/O Stanton House  
345 Boyer Ave  
Walla Walla, WA 99362**

\*Due to the transition into our new facilities, faxed documents cannot be accepted\*

- Fully completed and signed New Student-Athlete Medical History Questionnaire
- Physical exam performed by your primary physician. (Must be performed by an MD, DO, PA or Nurse Practitioner and documented on the Whitman College Physical Exam form, found at: [www.whitman.edu/athletics/.....](http://www.whitman.edu/athletics/.....)) This form must be taken to your Matriculation Physical Exam for the College and filled out along side of your Matriculation Physical paperwork.
- A copy, front and back, of your current insurance card
- H.I.P.P.A. Release Waiver
- Authorization and Assumption of Risk Waiver

As Needed:

- ADD/ADHD examination records, in accordance with new NCAA Banned Substance regulations, beginning August 1, 2009. (Only for those taking stimulant medications for ADHD/ADD) *\*For more information please visit the Whitman College Athletic Training website.*
- Notes from any physicians providing recent or ongoing care for orthopedic injuries and/or surgeries, illnesses, or other medical conditions, including surgical notes, test results, and clearance from physician to participate in your specific sport.

If you have any questions, please e-mail Brooke Kennedy Head Athletic Trainer before June 30<sup>th</sup> at: [kennedbc@whitman.edu](mailto:kennedbc@whitman.edu). Or during July, you may contact Amy Warinner, Athletic Administrative Assistant, at (509) 522-8690.