



# Whitman College

## New Intercollegiate Student-Athlete Medical Clearance Checklist

- Physical exam performed by your primary physician. (Must be performed by a Medical Doctor, Doctor of Osteopathic Medicine, Physicians Assistant or Nurse Practitioner and documented on the Whitman College Physical Exam form, found at:  
[www.whitman.edu/content/athletics/athletic-training](http://www.whitman.edu/content/athletics/athletic-training))
- Fully completed and signed New Student-Athlete Medical History Questionnaire
- H.I.P.P.A. Release Waiver
- Authorization and Assumption of Risk Waiver
- A copy of your current insurance card (front and back)

As Needed:

- ADD/ADHD documentation form, to be filled out by overseeing physician.  
(Only intended for those taking stimulant medications for ADHD/ADD)  
*\*For more information please visit the Whitman College Athletic Training website.*
- Notes from physicians seen since the conclusion of your last season of play, including all surgical notes, test results, and clearance from physician to participate in your specific sport.

If you have any questions, please contact the Athletic Training Office:

Head Athletic Trainer

John Eckel (509) 527-5590

[eckeljw@whitman.edu](mailto:eckeljw@whitman.edu)

Assistant Athletic Trainer

Nathan Fry (509) 527-5911

[fryna@whitman.edu](mailto:fryna@whitman.edu)

During the summer you may contact Victoria Berg, Athletic Administrative Assistant, at (509) 527-5921.

Please mail or fax all of the above documents by **AUGUST 1ST**:

**Whitman College Athletic Training**  
**345 Boyer Ave**  
**Walla Walla, WA 99362**

Athletic Training Room fax: (509) 527-5730