



Dear Whitman College Student-Athlete,

Beginning August 1, 2009, the NCAA will consider any stimulant medication used for ADD/ADHD a banned substance, and will require any athlete taking such medication to obtain adequate medical documentation in order to be eligible for exemption from the NCAA. In order to be in full compliance with this new NCAA requirement, we are asking that you to take the ADHD Medication Exemption Form (located on the Whitman College Athletics Website) to your prescribing physician/health care provider. We ask that you make a copy for your own records, as well as provide a copy to the Whitman College Athletic Training Room:

Whitman College
Athletic Training Room
345 Boyer Ave
Walla Walla, WA 99362

If you are drug tested and come up positive for these medications, will you be in violation of the NCAA drug testing policies and deemed ineligible, UNLESS the Whitman College Athletic Training Room has your exemption forms in hand PRIOR to the drug test.

I encourage you to read the information posted on the Whitman College Athletics website, or visit: www.ncaa.org/health-safety if you have any questions.

You may also contact the Athletic Training Staff at the address above or by phone or email.

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